

# COUPLE THERAPY

Spend some quality time together and indulge in these pampering treats for two.



## THE BOUTIQUE SPA

**What:** Spa Lovers

**Where:** **Wen Luxe Spa**, 6 Bukit Pasoh Road, tel: 6227-2722

**Price:** \$500, 180 minutes

**We say:** For the aspirational, this new apothecary-cum-shophouse boutique spa utilises cult skincare brand Aromatherapy Associates in its treatments. What's cool is the minimalist, spacious design of the

couple suite, lit with blue light for relaxation. The treatment involved a Hydrating Rose Wrap for me and a skin-exfoliating Lavender and Peppermint Soother for him. After a rinse off, we both proceeded to have a deep-tissue massage, before I moved on to a Rose Petal Luxury Hand treatment, and he, to a Ginger and Black Pepper Foot treatment.

**Verdict:** We love the fast-drying massage oils, but the therapists' techniques were not always consistent. It's a definite treat for honeymooners who buy a package which includes an overnight stay in one of the quirky rooms at the facing New Majestic Hotel.

Rating: 



## THE SPA CHAIN

**What:** My Pampering Valentine

**Where:** **True Spa**, Cuppage Terrace, tel: 6235-9555

**Price:** \$496, 150 minutes

**We say:** It could be the sheer size of this centrally-located spa, but it's not often we get greeted by so many therapists the minute we stepped in. Slightly disconcerted, my partner and I went into our perfectly-lit,

spacious couple suite. We begin on a relaxing Swedish Timeless Massage using muscle ease oil for deep tissue work (his fave), followed by Ear Candling (my fave) and Anti-Ageing Facial, ending off with a Sweethearts Blend of red apples and watermelon juice.

**Verdict:** The treatment, although draggy at times, helped us unwind and prep for a night out on the town. My skin glowed all evening, while he seemed more "hyper" than usual.

Rating: 



## SPA IN THE PARK

**What:** Tropical Java Lulur For Two

**Where:** **Aramsa – The Garden Spa**, Bishan Park II, tel: 6456-6556

**Price:** \$398, 150 minutes

**We say:** Set amidst the lush foliage of Bishan Park, this is the place for nature lovers. We're ushered into our couple suite to start on a Javanese Lulur scrub, followed by a skin-nourishing warm yogurt wrap. The result was really smooth skin ready for the relaxing massage that ensued. The icing on the cake was the warm outdoor garden bath with ginger juice and rose petals that definitely turned up the "heat".

**Verdict:** A value-for-money treat with competent massage skills. Gripe: We weren't sure if it was because we were the last customers, but we felt a bit rushed. Tip: Book an afternoon slot if you want more time to soak in the sunset.

Rating: 